



PROTEIN PANCAKE MIX

SIMPLY ADD WATER... AND IMAGINATION!

With an unmistakably rich buttermilk aroma and flavor, our Krusteaz Professional® Protein Pancakes offer quality and versatility...and best of all, protein.

FEATURES:

- 11 grams of protein per serving*
- Rich, buttermilk flavor
- Light, fluffy texture



Product Code	731-0115
Product Description	Krusteaz Professional Protein Pancake Mix
Case Pack	6/5 lb.
Pallet	12 x 4
Cube	0.96
Case Dimensions	15.44" x 9.56" x 11.25"

PROTEIN PANCAKE MUFFINS

PANCAKES

- 1 lb (3 ½ cups) Krusteaz Professional™ Protein Pancake Mix 731-0115
- 20 fl oz (2 1/2 cups) cold water
- 8 oz (1 cup) diced smoked ham
- 2 oz (1/4 cup) chopped green onion
- 8 oz (1 cup) shredded cheddar cheese
- 2 oz (1/4 cup) melted butter

1. Mix Krusteaz Professional Buttermilk Pancake Mix and water together using a wire whip until well-blended. Fold in ham, green onion and cheese.
2. Pour batter into lightly greased or paper lined standard muffin tins.
3. Bake in a preheated 350°F oven for approximately 10-12 minutes.
4. Remove from oven and brush with melted butter.

Yields 6, 4 oz muffins



For information on our complete product line, visit www.krusteazpro.com/brochure

* Serving = three 4-inch pancakes