



## Item Info

Item Number

**576015**

Item Description

**Natural Oatmeal, Maple & Brown Sugar 10lb**

Brand

**Bulk Foods Inc.**

Pack Size

**10lb**

Product Class

**Flavored Oatmeal**

Country Of Origin

**United States**

Case UPC

**00718531602517**

Retail UPC

**718531602517**

PLU

**52325**

## Mixing Instructions

## Item Specifications

Gluten Free

**No**

Kosher

**No**

Organic

**No**

## Item Ingredients

Oats, Raw Cane Sugar, Pure Maple Sugar, Whole Milk Powder, Non-GMO Expeller Pressed Canola Oil, Real Salt® (unrefined mineral sea salt), Natural Maple Flavor (with propylene glycol), Non-GMO Molasses Powder (molasses, maltodextrin), Natural Butter Flavor (Non-GMO maltodextrin, sea salt, butter powder (butter (cream, salt), dry buttermilk), buttermilk, natural butter flavor, Non-GMO expeller pressed canola oil, natural beta carotene coloring), Ascorbic Acid (vitamin C). Contains Milk. Processed on equipment that also processes: Crustacean Shellfish, Egg, Fish, Milk, Peanut, Soy, Tree Nuts (Almond, Brazil Nut, Cashew, Coconut, Filbert (Hazelnut), Macadamia Nut, Pecan, Pine Nut, Pistachio, Walnut) and Wheat.

# Nutrition Facts

Serving Size 1/2 cup (dry) (55g)

Servings Per Container Varied

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**Amount Per Serving**

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**Calories** 220

Calories From Fat 40

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% Daily Value\*

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**Total Fat** 4.5g **7%**

Saturated Fat 1g **5%**

Trans Fat 0g

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**Cholesterol** 0mg **0%**

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**Sodium** 240mg **10%**

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**Potassium** 150mg **4%**

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**Total Carbohydrate** 39g **13%**

Dietary Fiber 4g **16%**

Sugars 14g

Sugar Alcohol 0g

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**Protein** 5g

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Vitamin A 0%

Vitamin C 90%

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Calcium 4%

Iron 10%

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\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

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Calories Per Gram

Fat 9

Carbohydrate 4

Protein 4