

Mint Julep



TOTAL
5 min



PREP
5 min



YIELD
1 Cocktail



LEVEL
Easy

INGREDIENTS

10 mint leaves,
plus a sprig for garnish
1 ½ tsp. superfine sugar
2 ½ oz. Kentucky bourbon whiskey
Seltzer water
Crushed ice

DIRECTIONS

Place the mint leaves in the bottom of a mint julep cup and top with the sugar. Muddle these together until the leaves begin to break down. Add a splash of seltzer water, fill the glass $\frac{3}{4}$ full with crushed ice, and add the bourbon. Top with another splash of seltzer, stir, and garnish with a sprig of mint. Serve immediately.

SEE ALL ACOPA MINT JULEP CUPS

<https://www.webstaurantstore.com/search/mint-julep-cups.html?vendor=Acopa-Tableware>

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