

# UMKosher

**United Mehadrin Kosher**  
**1016 Fairview Ave. S. • St. Paul, MN. 55116**  
**Phone: (651) 698-8300 • Fax: (651) 690-1144**  
**E-mail: rabbiz@umkosher.com**

September 1, 2023

TO WHOM IT MAY CONCERN

This is to certify that the following food items, produced for MOUNTAIN HIGH ORGANICS INC. of NEW MILFORD, CONNECTICUT and its Brand d/b/a BEVERI, are under the Kashrut supervision and endorsement of UMKosher (United Mehadrin Kosher), and accordingly are KOSHER.

Product	Status	Restriction
Organic Barley, Hulled	Pareve	UMK
Organic Barley, Hulless	Pareve	UMK
Organic Bean, Adzuki	Pareve	UMK
Organic Bean, Baby Lima	Pareve	UMK
Organic Bean, Black Bean	Pareve	UMK
Organic Bean, Cannellini/White Kidney	Pareve	UMK
Organic Bean, Christmas Lima	Pareve	UMK
Organic Bean, Cranberries	Pareve	UMK
Organic Bean, Cranberry/Barlotti	Pareve	UMK
Organic Bean, Fava	Pareve	UMK
Organic Bean, Flageolet	Pareve	UMK
Organic Bean, Garbanzo Splits	Pareve	UMK
Organic Bean, Garbanzo/Chickpeas	Pareve	UMK
Organic Bean, Great Northern	Pareve	UMK
Organic Bean, Jacob's Cattle	Pareve	UMK
Organic Bean, Kidney, Dark Red	Pareve	UMK
Organic Bean, Kidney, Light Red	Pareve	UMK

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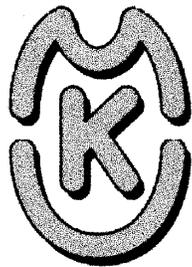
Sincerely

UNITED MEHADRIN KOSHER

Rabbi Asher Zeilingold  
 Executive Administrator

Rabbi Asher Zeilingold  
 Executive Director

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- UMK - acceptable only when bearing the UMK symbol, or the letters UMK. If it is a dairy product it must have a 'D' (Dairy) next to the symbol.
- Rabbi's stamp - acceptable only when the package bears the stamp of UMKosher.
- Lot L.O.C. - acceptable only with a Letter of Certification for the specific lot number.



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Organic Bean, Mung	Pareve	UMK
Organic Bean, Mung Dahl	Pareve	UMK
Organic Bean, Navy	Pareve	UMK
Organic Bean, Orca	Pareve	UMK
Organic Bean, Pink	Pareve	UMK
Organic Bean, Pinto	Pareve	UMK
Organic Bean, Red	Pareve	UMK
Organic Bean, Soldier	Pareve	UMK
Organic Bean, Soybeans, Black	Pareve	UMK
Organic Bean, Soybeans, Clear Hilum	Pareve	UMK
Organic Bean, White/Black, Small	Pareve	UMK
Organic Beans, Yellow Eyed	Pareve	UMK
Organic Buckwheat, Flour	Pareve	UMK
Organic Chia Seed	Pareve	UMK
Organic Coconut, Desiccated	Pareve	UMK
Organic Dried Apricots	Pareve	UMK
Organic Flour, Buckwheat	Pareve	UMK
Organic Flour, Lentil (Green)	Pareve	UMK

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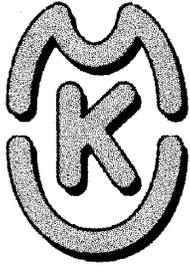
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Product	Status	Restriction
Organic Flour, Millet	Pareve	UMK
Organic Flour, Millet, Hulled	Pareve	UMK
Organic Flour, Navy Bean	Pareve	UMK
Organic Flour, Quinoa	Pareve	UMK
Organic Grain, Barley, Pearled	Pareve	UMK
Organic Grain, Barley, Rolled/Flakes	Pareve	UMK
Organic Grain, Barley, Whole	Pareve	UMK
Organic Grain, Buckwheat Whole	Pareve	UMK
Organic Grain, Buckwheat, Grits	Pareve	UMK
Organic Grain, Buckwheat, Hulled, Groats	Pareve	UMK
Organic Grain, Buckwheat, Hulls	Pareve	UMK
Organic Grain, Buckwheat, Kasha (Roasted)	Pareve	UMK
Organic Grain, Bulgur Wheat, Coarse	Pareve	UMK
Organic Grain, Bulgur Wheat, Fine	Pareve	UMK
Organic Grain, Couscous, Regular	Pareve	UMK
Organic Grain, Couscous, Whole Wheat	Pareve	UMK
Organic Grain, Durum	Pareve	UMK
Organic Grain, Polenta (Cornmeal)	Pareve	UMK

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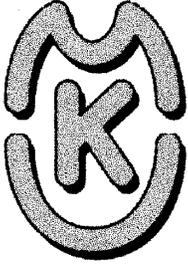
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Product	Status	Restriction
Organic Grain, Quinoa (White, Black, Red, Tri-color)	Pareve	UMK
Organic Grain, Quinoa, Flakes	Pareve	UMK
Organic Grain, Quinoa, Puffed	Pareve	UMK
Organic Grain, Spelt	Pareve	UMK
Organic Grain, Teff	Pareve	UMK
Organic Grain, Triticale	Pareve	UMK
Organic Grain, Wheat HRS, SW	Pareve	UMK
Organic Lentils, Black	Pareve	UMK
Organic Lentils, Brown	Pareve	UMK
Organic Lentils, French Green	Pareve	UMK
Organic Lentils, Green	Pareve	UMK
Organic Lentils, Red	Pareve	UMK
Organic Lentils, Yellow/Golden	Pareve	UMK
Organic Millet, Hulled Millet	Pareve	UMK
Organic Millet, Whole	Pareve	UMK
Organic Nuts, Almonds	Pareve	UMK
Organic Oats, Bran	Pareve	UMK
Organic Oats, Quick	Pareve	UMK

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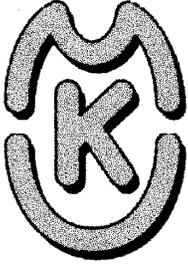
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Product	Status	Restriction
Organic Oats, Rolled	Pareve	UMK
Organic Oats, Steel Cut	Pareve	UMK
Organic Oats, Thick	Pareve	UMK
Organic Pasta, Quinoa Elbows	Pareve	UMK
Organic Pasta, Quinoa Fusilli	Pareve	UMK
Organic Pasta, Quinoa Linguini	Pareve	UMK
Organic Pasta, Quinoa Orzo	Pareve	UMK
Organic Pasta, Quinoa Penne	Pareve	UMK
Organic Pasta, Quinoa Spaghetti	Pareve	UMK
Organic Peas, Black Eye	Pareve	UMK
Organic Peas, Green Split	Pareve	UMK
Organic Peas, Green Whole	Pareve	UMK
Organic Peas, Yellow Splits	Pareve	UMK
Organic Peas, Yellow Whole	Pareve	UMK
Organic Rice, Arborio	Pareve	UMK
Organic Rice, Basmati (Brown, White)	Pareve	UMK
Organic Rice, Black	Pareve	UMK
Organic Rice, Brown medium	Pareve	UMK

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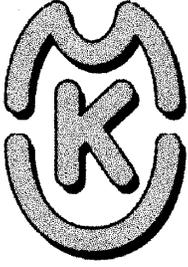
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Product	Status	Restriction
Organic Rice, Brown Short	Pareve	UMK
Organic Rice, Jasmine	Pareve	UMK
Organic Rice, Long grain brown and/or white	Pareve	UMK
Organic Rice, Medium grain brown and/or white	Pareve	UMK
Organic Rice, Parboiled White	Pareve	UMK
Organic Rice, White Sushi	Pareve	UMK
Organic Rice, White, short	Pareve	UMK
Organic Rice, Wild	Pareve	UMK
Organic Seed, Alfalfa	Pareve	UMK
Organic Seed, Amaranth	Pareve	UMK
Organic Seed, Flax, Brown	Pareve	UMK
Organic Seed, Flax, Brown (Roasted)	Pareve	UMK
Organic Seed, Flax, Golden	Pareve	UMK
Organic Seed, Flax, Golden (Roasted)	Pareve	UMK
Organic Seed, Flax, Milled (Brown, Golden)	Pareve	UMK
Organic Seed, Hemp Hulled	Pareve	UMK
Organic Seed, Millet, Hulled/Hulls	Pareve	UMK
Organic Seed, Popcorn White	Pareve	UMK

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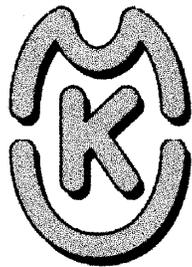
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Product	Status	Restriction
Organic Seed, Popcorn Yellow	Pareve	UMK
Organic Seed, Poppy	Pareve	UMK
Organic Seed, Pumpkin	Pareve	UMK
Organic Seed, Quinoa, Black/Red/Tricolor	Pareve	UMK
Organic Seed, Rye	Pareve	UMK
Organic Seed, Sesame, Hulled	Pareve	UMK
Organic Seed, Sesame, Natural	Pareve	UMK
Organic Seed, Sunflower Hulled	Pareve	UMK
Organic Seed, Sunflowers, Hulled Roasted	Pareve	UMK
Organic Seed, Sunflowers, Whole	Pareve	UMK
Organic Sesame Seeds, Black	Pareve	UMK
Organic Small Red Chili Beans	Pareve	UMK
Organic Sorghum	Pareve	UMK
Organic Tri-Color Popcorn	Pareve	UMK
Organic Whole Grain Oat Groats	Pareve	UMK
Organic Virgin Coconut Oil	Pareve	UMK

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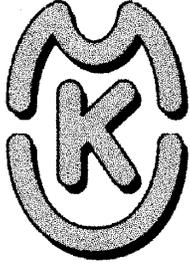
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Product	Status	Restriction
<b>Beveri</b>		
Organic Seed, Chia, Black	Pareve	UMK
Organic Seed, Chia, Milled (White/Black)	Pareve	UMK
Organic Seed, Chia, White	Pareve	UMK
Organic Flaxseed – Milled, Golden	Pareve	UMK
Organic Flaxseed – Whole, Golden	Pareve	UMK
Organic Flaxseed with Chia	Pareve	UMK

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