

Nutrition Facts			
about 5 servings per container			
Serving size 3/4 cup concentrate (180mL)			
	Per 3/4 cup concentrate	Prepared with added 3/4 cup 2% milk	
Calories	90	180	
	% DV*	% DV*	
Total Fat	0g 0%	3.5g 4%	
Saturated Fat	0g 0%	2.5g 13%	
Trans Fat	0g	0g	
Cholesterol	0mg 0%	15mg 5%	
Sodium	5mg 0%	90mg 4%	
Total Carb.	23g 8%	32g 12%	
Dietary Fiber	0g 0%	0g 0%	
Total Sugars	22g	31g	
Incl. Added Sugars	22g 45%	22g 45%	
Protein	0g	6g	
Vitamin D	0mcg 0%	2mcg 10%	
Calcium	0mg 0%	220mg 15%	
Iron	0mg 0%	0mg 0%	
Potassium	5mg 0%	261mg 6%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: An infusion (of water, decaffeinated black tea, rooibos, black pepper, cardamom, cinnamon, ginger, cloves, chicory, natural flavors, star anise), cane sugar, honey, ginger juice, natural flavors, vanilla extract, citric acid