

Cinnamon Sticks

Nutrition Facts			
Serving Size 1 tbsp. (7g)			
Servings Per Container 975			
Amount Per Serving			
Calories 18	Calories from Fat 2		
% Daily Value*			
Total Fat 1g	2%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 2mg	0%		
Total Carbohydrate 5g	2%		
Dietary Fiber 4g	16%		
Sugars 0g			
Protein 0g	0%		
Vitamin A 0%	Vitamin C 3%		
Calcium 8%	Iron 14%		
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Cinnamon