



THE KING ARTHUR FLOUR COMPANY, INC.

ESTD 1790 | 100% employee owned • 100% committed to quality

## 100% ORGANIC WHOLE WHEAT FLOUR

King Arthur Mfg #: 22050

UPC: 0 71012 22050 2

Net Weight: 50 lbs

### Description

A complete whole grain flour milled from kernels of hard red wheat. This is a classic red whole wheat flour full of nutrition and flavor. The fine, even granulation and high protein content make it well suited for yeasted breads of all types.

### Regulations & food safety

Shelf life: 180 days when stored cool and dry

Do not eat raw flour, dough, or batter. This product is a raw agricultural product that is not subjected to a microbiological kill step and is therefore intended for further processing.

Product is prepared by cleaning, grinding, and sifting sound wheat in accordance with current FDA regulations.

### Packaging & shipping

Bag cubic feet: .91

Bag dimensions: 23" x 17" x 4"

Net Weight: 50 lbs

Gross Weight: 50.4 lbs

Pallet Tie (layer): 5 bags

Pallet High (rows high): 10 bags

Bags per pallet: 50

Pallet Weight: 2,570 lbs

Pallet dimensions: Standard 4 way, 40" x 48" x 60"

### Documentation

SDS, Organic Certificate and plan summary, Kosher Certificate, non-GMO statement, and Certificates of Analysis available upon request. Please include type of flour and lot code with request.

### Lot code

Lot code is mill packed date

### Specifications

Protein (14% M.B.)	14.0% +/- 0.3%
Moisture (Maximum)	14%
Ash (14% M.B.)	> 1.5%
Falling Number	> 350 sec

### Ingredient statement

Certified 100% organic red wheat

### Nutritional analysis on page 2

For more information, email:

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Updated 4/23/17



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Nutrients	Per 100g	%DV		Nutrients	Per 100g	%DV
Calories (kcal)	329			Vitamin A - IU (IU)	9	0.18%
Calories from Fat (kcal)	17.28			Vitamin C (mg)	0	0%
Fat (g)	1.92	2.95%		Vitamin D - mcg (mcg)	0	
Saturated Fat (g)	0.31	1.57%		Vitamin B1 (mg)	0.5	33.60%
Trans Fatty Acid (g)	0			Vitamin B2 (mg)	0.11	6.47%
Cholesterol (mg)	0	0%		Vitamin B3 (mg)	5.71	28.55%
Carbohydrates (g)	68.58	22.86%		Vitamin B3 - Niacin Equiv (mg)	8.96	
Total Sugars (g)	0.41			Folic Acid (mcg)	0	
Added Sugar (g)	0			Folate, DFE (mcg DFE)	43	
Dietary Fiber (2016) (g)	12.75			<b>Minerals</b>		
Protein (g)	14	28.00%		Calcium (mg)	25	2.50%
Ash (g)	1.5			Iron (mg)	3.6	20.00%
Water (g)	14			Sodium (mg)	2	0.08%
<b>Vitamins</b>				Potassium (mg)	340	9.71%

Source: USDA Nutrient Database for Standard Reference, Release 28 (Updated May 2016)