

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>1</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>250</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 18g	<b>23%</b>
Saturated Fat 3g	<b>15%</b>
<i>Trans</i> Fat 0g	
<b>Sodium</b> 450mg	<b>20%</b>
<b>Total Carbohydrate</b> 16g	<b>6%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 7g	<b>14%</b>
<small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small>	
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**INGREDIENTS:**

HUMMUS: COOKED CHICKPEAS, WATER, TAHINI (GROUND SESAME), NON-GMO SOYBEAN OIL, GARLIC, SALT, NON-GMO CITRIC ACID, POTASSIUM SORBATE (ADDED TO MAINTAIN FRESHNESS).

PRETZELS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, CORN OIL, MALT SYRUP.

**CONTAINS: SESAME, SOY, WHEAT, OAT**