

# Nutrition Facts

Serving size

Amount Per Serving

**Calories**

**150**

% Daily Value\*

|                               |            |
|-------------------------------|------------|
| <b>Total Fat</b> 5g           | <b>6%</b>  |
| Saturated Fat 2g              | <b>10%</b> |
| <i>Trans</i> Fat 0g           |            |
| <b>Cholesterol</b> 20mg       | <b>7%</b>  |
| <b>Sodium</b> 800mg           | <b>35%</b> |
| <b>Total Carbohydrate</b> 19g | <b>7%</b>  |
| Dietary Fiber 0g              | <b>0%</b>  |
| Total Sugars 8g               |            |
| Includes 0g Added Sugars      | <b>0%</b>  |
| <b>Protein</b> 7g             | <b>14%</b> |

Not a significant source of vitamin D, calcium, iron, and potassium

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.