

# Nutrition Facts

8 servings per container

**Serving size** 1 oz (28g)

**Amount Per Serving**

**Calories** 110

% Daily Value\*

**Total Fat** 7g 9%

Saturated Fat 4g 20%

*Trans* Fat 0g

**Cholesterol** 25mg 8%

**Sodium** 260mg 11%

**Total Carbohydrate** 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein** 10g 20%

Vitamin D 0mcg 0%

Calcium 455mg 35%

Iron 0mg 0%

Potassium 0mg 0%

Vitamin A 4%

Vitamin C 0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Cultured milk, enzymes, salt