## TURMERIC spice of life

Turmeric is a potent ingredient in Ayurvedic diets with many health benefits. Numi's Golden Latte blends chai spices like ginger and cinnamon, plus black pepper to aid in the activation of turmeric's properties. With just 6g of sugar per serving, this unique chai makes a delicious healthy treat. Enjoy!

### **Easy Preparation**

- 1. Shake bottle well
- 2. Mix 1:1 equal parts concentrate + milk or non-dairy substitute.



- 3. Serve hot or iced:
  - HOT heat on stove top, in microwave, or steam.
  - ICED pour over ice.



REFRIGERATE AFTER OPENING, AND USE WITHIN 14 DAYS.

#### 100% REAL INGREDIENTS

PREMIUM ORGANIC TEAS, HERBS, & SPICES NO "NATURAL" FLAVORS OR FRAGRANCES.

For recipes and to learn more about our commitment to people, planet, and pure tea visit numitea.com



# **TURMERIC** CHAI golden latte™



TEA CONCENTRATE

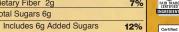
## **Nutrition Facts**

8 servings per container Serving size 1/2 cup (113mL)

Amount per serving **Calories** 

USDA

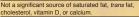
% DV\* Total Fat 0g 0% Sodium 10mg 0% Total Carbohydrate 10g 4% Dietary Fiber 2q



Protein <1q

Total Sugars 6q

Iron 2ma 10% Potas, 100mg 2%



\* The % Daily Value (DV) tells you how much a nutrient in serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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Ingredients: Filtered water, Fair Trade Certified™organic cane sugar. Fair Trade Certified™ organic turmeric, organi cinnamon, organic cardamom, organic ginger, organic black pepper, citric acid. Himalayan pink salt.



77% Fair Trade Certified™ Ingredients. This product is gluten-free.

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