

# Nutrition Facts

1 servings per container

**Serving size** 3.6 oz. (102g)

**Amount Per Serving**

**Calories** **300**

**% Daily Value\***

**Total Fat** 0g **0%**

Saturated Fat 1g **5%**

*Trans* Fat 0g

**Cholesterol** 30mg **10%**

**Sodium** 310mg **13%**

**Total Carbohydrate** 49g **18%**

Dietary Fiber 2g **7%**

Total Sugars 25g

Includes 0g Added Sugars **0%**

**Protein** 4g **8%**

Vitamin D 0mcg **0%**

Calcium 52mg **4%**

Iron 1.08mg **6%**

Potassium 0mg **0%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.