



The Sweet Taste of Tradition

GOOD FOOD, INC.

PURITY, QUALITY, AND TRADITION

GOLDEN · BARREL BAKING PRODUCTS

Light Corn Syrup

Nutrients per 100g as is (Wet Basis)

Calories	309.6 Kcal
Fat.....	0 g
Saturated Fat.....	0 g
Trans Fat.....	0 g
Cholesterol.....	0 mg
Protein.....	0 g
Carbohydrate.....	77.57 g
Fiber.....	0 g
Total Sugars.....	39.6 g
*Added Sugars.....	39.6 g

Minerals:

Calcium.....	0 mg
Iron.....	0 mg
Sodium.....	10.8 mg
Potassium.....	0.41 mg

Vitamins:

Vitamin A.....	0.9 IU
Vitamin C.....	0 mg
Vitamin D.....	0 mg
Niacin.....	0 mg
Thiamine.....	0 mg
Riboflavin.....	0 mg

*These added sugars are only sugars inherent to the product. We are not adding sugar to the product, but by definition these will be added sugars in a finished good containing the product.

Ingredients: Corn Syrup, High Fructose Corn Syrup, Vanilla, Salt

Effective: 12/09/19
Replaces: 09/14/16
Revision: 3
Revised By: Mike Obert

NUTRITIONAL INFORMATION