

NUTRITION FACTS

Serving Size 1 bun (45g/1.6oz)
Servings Per Container 8

Amount Per Serving

Calories 150 Calories from fat 30

% Daily Value*

Total fat 3.5g 5%

Saturated fat 2g 10%

Trans fat 0g

Cholesterol 25mg 9%

Sodium 135mg 6%

Total carbohydrate 25g 8%

Dietary fiber less than 1g 3%

Sugars 9g

Protein 4g

Vitamin A 2% Vitamin C 0%

Calcium 2% Calcium 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total fat	Less than	65g	80g
Saturated fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total carbohydrate		300g	375g
Dietary fiber		25g	30g

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4