

# Nutrition Facts

Serving Size 2 oz. (56g)

Serving Per Container Varied

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## Amount Per Serving

**Calories** 90      **Calories from Fat** 35

**% Daily Value\***

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**Total Fat** 4g      **6%**

Saturated Fat 1g      **6%**

*Trans* Fat 0g

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**Cholesterol** 35mg      **12%**

**Sodium** 490mg      **21%**

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**Total Carbohydrate** 0g      **0%**

**Protein** 11g

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Iron 4%

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Not a significant source of dietary fiber, sugars, vitamin A, vitamin C and calcium.

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\*Percent Daily Values are based on a 2,000 calorie diet.