

Nutritionals and Ingredients (Case GTIN: 10084059711220)

Representation of label(s). The actual nutritional label(s) and ingredients may vary slightly

Nutrition Facts (Unprepared)	
48 Servings Per Container	
Serving Size	91 g
Amount Per Serving	
Calories	160
	% Daily Value*
Total Fat 8 g	10%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 440 mg	19%
Total Carbohydrate 21 g	8%
Dietary Fiber 3 g	11%
Sugar 2 g	
Added Sugar 0 g	0%
Protein 4 g	5%
Vitamin D 0 µg	0%
Potassium 270 mg	4%
Calcium 30 mg	2%
Iron 0.8 mg	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts (Unprepared)	
Serving Size	100 g
Amount Per Serving	
Calories	181
	% Daily Value*
Total Fat 9.3 g	
Saturated Fat 1.0 g	5%
Trans Fat 0.0 g	
Polyunsaturated Fat 1.8 g	
Monounsaturated Fat 6.3 g	
Cholesterol 0 mg	
Sodium 482 mg	
Total Carbohydrate 23.3 g	
Dietary Fiber 3.3 g	
Soluble Fiber 2.1 g	
Insoluble Fiber 1.2 g	
Sugar 2.7 g	
Added Sugar 0.0 g	
Protein 4.5 g	
Vitamin D 0 µg	
Potassium 304 mg	

Calcium 38.7 mg
Iron 0.9 mg
Vitamin A 678 µg
Vitamin C 15 mg
Vitamin E 2 mg
Thiamin 0.11 mg
Riboflavin 0.26 mg
Vitamin B6 0.08 mg
Vitamin B12 0.0 µg
Phosphorous 137 mg
Magnesium 27 mg
Zinc 0.3 mg
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

COOKED BROWN RICE (WATER, ORGANIC BROWN RICE), WATER, ORGANIC CORN, ORGANIC CARROTS, ORGANIC ONIONS, ORGANIC GREEN PEPPERS, ORGANIC ROLLED OATS, ORGANIC CANOLA OIL, ORGANIC HIGH OLEIC SUNFLOWER OIL, ORGANIC RED BELL PEPPERS, ORGANIC SOY PROTEIN FLOUR, CONTAINS TWO PERCENT OR LESS OF GUM BLEND (CARRAGEENAN, KONJAC FLOUR), ORGANIC SOY SAUCE (WATER, ORGANIC SOYBEANS, SALT, ORGANIC WHEAT), ORGANIC ONION POWDER, BROCCOLI, SEA SALT, ORGANIC GARLIC POWDER, ORGANIC BLACK PEPPER.

Allergens and Diet (Case GTIN: 10084059711220)

Representation of allergens and dietary claims. The actual allergens and dietary claims may vary slightly.

Allergen Values (FDA)

Contains: Soy, Wheat

Suitable For Diet

Kosher Yes

Organic Made with organic ingredients (at least 70% by weight)

Vegan Yes

Powered by [Sync/PDI](#)