

BROWN SUGAR HAM

Nutrition Facts

Serving Size 2 oz (56g)
Servings Per Container Varied

Amount Per Serving

Calories 70 **Calories from Fat 15**

% Daily Value*

Total Fat 1.5g **2%**

 Saturated Fat 0.5g **3%**

 Trans Fat 0g

Cholesterol 25mg **8%**

Sodium 490mg **20%**

Total Carbohydrate 6g **2%**

 Dietary Fiber 0g **0%**

 Sugars 5g

Protein 9g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.