

Nutrition Facts

Serving size

1 oz. (28g)

Amount Per Serving

Calories

100

% Daily Value*

Total Fat 7g **9%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 200mg **9%**

Total Carbohydrate 1g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 7g **14%**

Vitamin D 0mcg **0%**

Calcium 260mg **20%**

Iron 0mg **0%**

Potassium 0mg **0%**

Vitamin A **4%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.