

Nutrition Facts

53 servings per container

Serving size

2 oz. (57g)

Amount Per Serving

Calories

170

% Daily Value*

Total Fat 12g **15%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 30mg **10%**

Sodium 460mg **20%**

Total Carbohydrate 4g **1%**

Dietary Fiber 2g **7%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 12g **24%**

Vitamin D 0mcg **0%**

Calcium 130mg **10%**

Iron 1.8mg **10%**

Potassium 0mg **0%**

Vitamin A **2%**

Vitamin C **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.