

Father Sam's Bakery
Item # 86103

White Squares

Version: 1.3

Nutrition Facts	
8 servings per container	
Serving Size	1 pita (65g)
Calories	170
% Daily Value*	
Total Fat: .5g	1%
Saturated Fat: 0g	1%
Trans Fat: 0g	
Polyunsaturated Fat: 0g	
Monounsaturated Fat: 0g	
Cholesterol: 0mg	0%
Sodium: 350mg	15%
Total Carbohydrate: 22g	13%
Dietary Fiber: 1g	4%
Total Sugars: 4g	
Incl. Added Sugars: 3g	6%
Protein: 5g	
Vitamin D: 0.12mcg	0%
Calcium: 101mg	8%
Iron: 1.9mg	10%
Potassium: 51mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a diet. 2000 calories a day is used for general Nutrition advice	

Ingredients: Wheat Flour, Enriched, (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Water, Sugar, Salt, Yeast, Calcium Propionate, Monoglycerides, Guar Gum, Corn Syrup Solids, Contains 2% or less of each of the Following: Soybean Oil, Ascorbic Acid, Enzymes.

Contains: Wheat

Contains A Bioengineered Ingredient