

Nutrition Facts	
6 servings per container	
Serving size	5.3 oz. (150g)
Amount Per Serving	
Calories	150
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 3g	15%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 100mg	4%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 15g	
Includes 8g Added Sugars	16%
Protein 8g	16%
Vitamin D 2mcg	10%
Calcium 260mg	20%
Iron 0mg	0%
Potassium 376mg	8%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS:

GRADE A PASTEURIZED WHOLE MILK (rBST FREE), NON-FAT DRY MLK (rBST FREE), ORGANIC EVAPORATED CANE JUICE, ORGANIC FLAVORS, LIVE ACTIVE CULTURES CONTAINING: STREPTOCOCCUS THERMOPHILLUS, LACTOBACILLUS DELBRUECKII SUBSP. BULGARICUS, LACTOBACILLUS ACIDOPHILUS, BIFIDOBACTERIUM LACTIS.

CONTAINS:

MILK.