



**PRODUCT: CHICKEN STEW**

**DESCRIPTION:**

**INGREDIENT STATEMENT**

Water, Cooked Chicken Meat, Cooked Potatoes (contains sulfites), Carrots, Sweet Peas, Chicken Base (chicken meat, salt, monosodium glutamate, sugar, maltodextrin [from corn], chicken fat, onion powder, modified corn starch, turmeric, flavoring, oleoresin paprika), Modified Food Starch, Cooked Chicken Broth, Red Peppers, Minced Onion, Poultry Seasoning (spices, salt, onion, turmeric, dextrose, and soybean oil [added to prevent dusting]), Black Pepper.

<b>Nutrition Facts</b>	
Serving Size 1 cup (245g) Servings Per Container	
Amount Per Serving	
<b>Calories 160</b>	<b>Calories from Fat 20</b>
% Daily Value*	
<b>Total Fat 2g</b>	<b>3%</b>
Saturated Fat 0.5g	3%
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 1110mg</b>	<b>46%</b>
<b>Total Carbohydrate 21g</b>	<b>7%</b>
Dietary Fiber 2g	8%
Sugars 3g	
<b>Protein 18g</b>	
Vitamin A 60% • Vitamin C 25%	
Calcium 2% • Iron 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

PACK SIZES:	CONTAINERS PER CASE	SERVINGS PER CONT.	PRODUCT CODE:	CONTAINER UPC:	CASE UPC:
5 LB	2	ABOUT 9.5	12250	N/A	0-44284-12250-8

**STORAGE:** KEEP REFRIGERATED 34°-38° F

**PREPARATION:** HEAT TO AN INTERNAL TEMPERATURE OF 165°F



**MANUFACTURER INFORMATION**  
 SPRING GLEN FRESH FOODS, INC  
 314 SPRING GLEN DRIVE  
 EPHRATA, PA 17522  
 PHONE#: 717-738-2201  
 FAX #: 717-738-4335  
[WWW.SPRNGLEN.COM](http://WWW.SPRNGLEN.COM)