

NUTRITION FACTS

Serving Size	2 OZ (56 g)	
Calories	60	
Calories from Fat	5	
	% Daily Value*	
Total Fat	1g	2%
Saturated Fat	0g	0%
Trans Fat	0g	%
Cholesterol	25mg	8%
Sodium	560mg	23%
Potassium	0mg	0%
Total Carbohydrate	4g	1%
Dietary Fiber	0g	0%
Sugars	4g	
Protein	10g	
Vitamin A 0%	Vitamin C 0%	
Calcium 0%	Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.