

Nutrition Facts

Serving size (57g)

Amount Per Serving

Calories **100**

% Daily Value*

Total Fat 5g **6%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 30mg **10%**

Sodium 600mg **26%**

Total Carbohydrate 2g **1%**

Dietary Fiber 0g **0%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

Protein 11g **22%**

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 1.08mg 6%

Potassium 0mg 0%

Vitamin A 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.