

Nutritionals and Ingredients (Case GTIN: 00048556023623)

Representation of label(s). The actual nutritional label(s) on the package may vary slightly

Nutrition Facts (Prepared)	
16 Servings Per Container	
Serving Size	100 g
Amount Per Serving	
Calories	120
% Daily Value*	
Saturated Fat 0 g	0.00%
Trans Fat 0 g	
Cholesterol 0 mg	0.00%
Sodium 410 mg	17.00%
Total Carbohydrate 24 g	8.00%
Sugar 2 g	
Added Sugar 2 g	
Protein 8 g	16.00%
Calcium 2 mg	0.20%
Iron	20%
Vitamin A	4%
Vitamin C	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Unbleached, Unbromated Wheat Flour (Malted Barley Flour, Niacin, Iron (reduced), Thiamine Mononitrate, Riboflavin and Folic Acid), Filtered Water, Caraway Seeds, Rye Flour, Rye Meal, Molasses, Contains 2% or less of: Salt, Yeast, Deactivated Yeast, Malt.

Allergens and Diet (Case GTIN: 00048556023623)

Allergen Values (FDA)

Contains: Wheat

May Contain: Tree Nuts, Eggs, Soy

Free From: Peanuts, Milk, Fish, Molluscs, Crustacean

Suitable For Diet

Kosher Yes