

McCain® REDSTONE CANYON® CROSSTRAX / WAFFLE CUT FRENCH FRIES
USDA School Lunch Meal Planning Nutrition Facts
MCL03623

NUTRITION FACTS		
Serving Size 3.22 oz. (91g) FROZEN *		
Amount per Serving		
Calories 170	Calories from Fat 70	
% Daily Value*		
Total Fat 8g		12%
Saturated Fat 1g		5%
Trans Fat 0g		
Polyunsaturated Fat 3.5g		
Monounsaturated Fat 3.5g		
Cholesterol 0mg		0%
Sodium 500mg		21%
Potassium 250mg		7%
Total Carbohydrate 23g		8%
Dietary Fiber 2g		9%
Sugars 0g		
Protein 2g		
Vitamin A 0%	Vitamin C 6%	
Calcium 0%	Iron 2%	
<p>INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Bleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid). Contains 2% or less of Annatto (color), Dextrin, Dextrose, Extractives of Capsicum, Extractives of Paprika (color), Garlic Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Onion Powder, Paprika (color), Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color, Spices, Tapioca Starch, Tapioca Starch - Modified, Xanthan Gum.</p> <p align="center">CONTAINS: WHEAT</p>		

I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Jan. 2013 Update)			
Product: Potato products, frozen, Skins or Pieces or Wedges, etc. With skin, Cooked (pg. 2-49)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	10.6	1/4 cup heated vegetable	9.5

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
4.5 Pounds	22.25	1/2 cup heated vegetable	4.49

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
27 Pounds (6 Bags per Case)	133.48	1/2 cup heated vegetable	0.75

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings	Creditable Amount*
Potato, FF, Frozen, SC	3.02oz by weight	X	10.6/ 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

* Per FBG, one serving portion (1/2 cup heated vegetable) equals 3.22 oz of Crosstrax fries.

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Date



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