

Nutrition Facts

6 servings per container

Serving size 5.3 oz (150g)

Amount Per Serving

Calories 150

% Daily Value*

Total Fat 5g 6%

Saturated Fat 3g 15%

Trans Fat 0g

Cholesterol 20mg 7%

Sodium 100mg 4%

Total Carbohydrate 18g 7%

Dietary Fiber 0g 0%

Total Sugars 18g

Includes 8g Added Sugars 16%

Protein 8g 16%

Vitamin D 2mcg 10%

Calcium 276mg 20%

Iron 0mg 0%

Potassium 330mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

Grade A pasteurized whole milk rBST Free, Non-fat dry milk rBST free, Organic evaporated cane juice, Organic flavors, Live active cultures contain: Streptococcus thermophilus, Lactobacillus delbrueckii subsp. bulgaricus, Lactobacillus acidophilus, Bifidobacterium lactis.

CONTAINS: Milk