

Nutrition Facts

Serving Size 1/4 Cup (62g)

Servings Per Container 22

Amount Per Serving

Calories 100

% Daily Value*

Total Fat 7g **11%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 30mg **10%**

Potassium 60mg **2%**

Sodium 80mg **3%**

Total Carbohydrate 2g **1%**

Dietary Fiber 0g **0%**

Sugars 2g

Protein 6g **12%**

Vitamin A 6%

Calcium 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g