



4 oz. Ultimate Crab Cakes



GENEROUS LUMP CRAB CAKES WITH TRADITIONAL FLAVOR

It doesn't get any better than this! Handy's Ultimate Crab Cakes feature generous lumps of sweet fresh crab meat, spices and seasonings for a traditional Maryland-style treat. All Handy crab cakes are gently hand-formed for a true homemade experience.

CARTON	ITEM #	UPC #	NET WT.	GROSS WT.	PACK SIZE	DIMENSION: L x W x H
	3003050	073994042127	3 LBS. (1.36 kg)	3.25 LBS. (1.47 kg)	12 cakes per carton	9.5" x 6.5" x 2.75"
CASE	ITEM #	UPC #	NET WT.	GROSS WT.	PACK SIZE	DIMENSION: L x W x H
	3003050	10073994042124	6 LBS. (4.38 kg)	7 LBS. (2.72kg)	2 cartons per case	14" x 10.5" x 3.13"

TIE & HIGH	PALLET COUNT	CASE CUBE	COUNTRY OF ORIGIN
13 x 18	234	.27	Indonesia/Thailand

SUGGESTED COOKING INSTRUCTIONS

The crab cakes contained in this package are uncooked and should be cooked until heated through to an internal temperature of 160°F. Depending on the number of portions prepared and equipment variances, cooking times may require adjustment.

- BROIL** Spray or coat pan with oil. Place 6" from coils. Turn cakes once during cooking
 - 11 minutes if thawed • 15 minutes if frozen
- BAKE** Preheat oven. Spray or coat pan with oil. Place pan on rack in middle of oven. Turn cakes once during cooking. For convection ovens, reduce cooking time by approximately 1/3.
 - 400°F for 20 minutes if thawed • 350°F for 25-30 minutes if frozen
- PAN FRY** Heat pan to medium temperature. Coat bottom of pan with melted butter or oil. Cook with lid on and turn cakes once during cooking.
 - 10 minutes if thawed • 14 minutes if frozen
- DEEP FRY** Heat oil to 325°F to 350°F. Turn cakes once during cooking.
 - 4.5-5 minutes if thawed • Cooking from frozen not recommended

SUGGESTED TARGET MARKETS

Finer quality casual or white tablecloth establishments or steakhouses, high-end supermarkets (seafood case), hotels or resorts

INGREDIENTS: CRAB MEAT, MAYONNAISE (SOYBEAN OIL, VINEGAR, EGGS, WATER, SUGAR, SALT, MUSTARD, XANTHAN GUM), **BREAD CRUMBS** (WHEAT FLOUR, WATER, TAPIOCA FLOUR, SHORTENING [PALM OIL], SALT, YEAST, SUGAR), **EGGS, MUSTARD** (DISTILLED VINEGAR, WATER, NO. 1 GRADE MUSTARD SEED, SALT, TURMERIC, PAPRIKA, SPICES, NATURAL FLAVOR, GARLIC POWDER), **SEASONING** (CELERY SALT [SALT, CELERY SEED], SPICES [INCLUDING MUSTARD, RED PEPPER, BLACK PEPPER, BAY (LAUREL) LEAVES, CLOVES, ALLSPICE (PIMENTO), GINGER, MACE, CARDAMOM, CINNAMON], PAPRIKA), **PARSLEY**.

CONTAINS: CRAB, SOY, EGGS, AND WHEAT.

Nutrition Facts

Serving Size 1 crab cake (113g)
Servings Per Container 12

Amount Per Serving	
Calories 260	Calories from Fat 150
% Daily Value*	
Total Fat 17g	26%
Saturated Fat 3g	16%
Trans Fat 0g	
Cholesterol 135mg	45%
Sodium 460mg	19%
Total Carbohydrate 9g	3%
Dietary Fiber 2g	9%
Sugars 1g	
Protein 16g	
Vitamin A 2%	Vitamin C 0%
Calcium 10%	Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

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