Nutrition Facts

Serving Size 1 slice, microwave cooked (13g)
Serving Per Container About 12

Amount Per Serving	
Calories 60	Calories from Fat 40
	% Daily Value*
Total Fat 4g	**6%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 30mg	**11%**
Sodium 290mg	**12%**
Total Carbohydrate 1g	**0%**
Dietary Fiber 0g	**2%**
Sugars 0g	
Protein 4g	

Vitamin A	0%	• Vitamin C	0%
Calcium	0%	• Iron	2%

*Percent Daily Values are based on a 2,000 calorie diet.