



Revised By: zeast

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## Bob's Red Mill Natural Foods

### Product Specifications:

Product Name: OG Farro 25 lb

Product Number: P102123

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Product Description: ORGANIC FARRO are made from three species of hulled wheat, processed in accordance with 21 CFR Part 117 subpart B and in compliance with state and federal requirements for food safety and quality.

Ingredients: Organic Farro (Wheat).

Allergen List: Wheat.

### Physical Properties:

Appearance: Light brown hulled wheat grain.

Aroma: Clean, typical of wheat with no rancid or off-odors.

Flavor: Nutty with no rancid or undesirable flavors.

<b>Nutrition Facts</b>	
Serving size	100g
Amount per serving	
<b>Calories</b>	<b>375.00</b>
% Daily Value*	
Total Fat 3.30g	4%
Saturated Fat 0.70g	4%
Trans Fat 0.00g	
Cholesterol 0.00mg	0%
Sodium 8.82mg	0%
Total Carbohydrate 72.10g	26%
Dietary Fiber 14.40g	58%
Total Sugars 0.00g	
Includes 0.00g Added Sugars	0%
Protein 14.20g	
Vitamin D 0.00mcg	
Calcium 20.40mg	
Iron 3.17mg	
Potassium 437.00mg	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**Certifications:**

Kosher Certification: OK Kosher Certification of Brooklyn, New York

Non-GMO Certification: Verified by the Non-GMO Project.

Audit Certification: SQF Food Safety Code: Food Manufacturing, ed. 9

Organic Certification: Certified by Quality Assurance International (QAI)

Gluten Free Certification:

Fair Trade Certified:

**Country of Origin:** United States of America.