



Original draft: 2/18/2016  
Revision date: 1/17/2019  
Approved by: Zachary East

Revised by: Zachary East  
Revision #: 8  
Document #: FG SPEC 1980 GF STEEL CUT OATS

## BOB'S RED MILL NATURAL FOODS, INC.

### Product Specification

Product Name: GF STEEL CUT OATS

Product Number: 1980

Product Description: *GF STEEL CUT OATS are made from steel cut oats are made from kiln toasted whole oat groats which have been chopped into two or three pieces on a steel burr mill, processed in accordance with 21 CFR Part 117 subpart B and in compliance with state and federal requirements for food safety and quality.*

Ingredients: *Whole Grain Oats.*

Allergens: *No Allergens. Manufactured in a facility that also uses tree nuts and soy.*

Gluten Free: *This product is a gluten-free food. In accordance with the Codex Alimentarius' established threshold for gluten contamination, this product contains less than 20 ppm gluten.*

### Physical Properties

Appearance: *Light tan in color, short rough cut pieces of oat groats*

Aroma: *Clean and fresh, typical of raw oat groats with no rancid or off-odors.*

Flavor: *Clean and slightly nutty with no rancid or undesirable flavors.*

### Nutritional Panel (100 Gram)

<b>Nutrition Facts</b>	
Serving Size: 100g	
Amount Per Serving	
<b>Calories 372.00</b>	<b>Calories from Fat 38.70</b>
% Daily Value	
<b>Total Fat 4.30 g</b>	<b>7%</b>
<b>Saturated Fat 0.90 g</b>	<b>5%</b>
<b>Trans Fat 0.00 g</b>	
<b>Cholesterol 0.00 mg</b>	<b>0%</b>
<b>Sodium 0.00 mg</b>	<b>0%</b>
<b>Total Carbohydrate 71.30 g</b>	<b>24%</b>
<b>Dietary Fiber 9.80 g</b>	<b>39%</b>
<b>Sugars 0.90 g</b>	
<b>Protein 12.00 g</b>	
<b>Vitamin A 0.00 IU</b>	<b>Vitamin C 0.00 mg</b>
<b>Calcium 29.50 mg</b>	<b>Iron 3.73 mg</b>

**BOB'S RED MILL NATURAL FOOD, INC.**

*Manufacturers of*

Natural Stone Ground Whole Grain Flours • Cereals • Meals • Bulk Grains • Seeds • Beans  
13521 SE Pheasant Ct. • Milwaukie, OR 97222 • (503) 654-3215 • FAX: (503) 653-1339 • www.bobsredmill.com



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## Certifications

Kosher: *Certified by OK Kosher Certification of Brooklyn, New York*

Non-GMO: *Verified by the Non-GMO Project.*

3rd Party Food Safety Audit: *Certified by NSF International, Safe Quality Food (SQF) Level II, Food Safety Code for Manufacturing Edition 8.0*

**Country of Origin:** *Canada,*

**Shelf Life:** *When handled under recommended storage, the product has a 548 day shelf life for optimum flavor and quality. Shelf life is printed on each package and case using a "Best By" date. The "Best By" date is the production date plus the determined appropriate shelf life time. The "Best By" date is displayed as Day/Month/Year and is printed with the format of DD/MM/YYYY*

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