

Nutrition Facts

100 servings per container

Serving size 1/4 cup (45g)

Amount per serving

Calories 170

% Daily Value*

Total Fat 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 34g 12%

Dietary Fiber 2g 7%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 4g

Vitamin D 0mcg 0%

Calcium 4mg 0%

Iron 1mg 6%

Potassium 113mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENT STATEMENT: Brown Basmati

ALLERGEN INFORMATION: Contains Statement- *none*.