

Nutrition Facts

Serving Size (56g)

Amount Per Serving

Calories 210

Calories from Fat 25

% Daily Value*

Total Fat 2.5g	4%
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Saturated Fat 1g	5%
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Trans Fat 0g	
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Cholesterol 35mg	12%
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Sodium 5mg	0%
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Total Carbohydrate 39g	13%
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Dietary Fiber 2g	8%
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Sugars 1g	
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Protein 8g	16%
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*Percent Daily Values are based on a 2,000 calorie diet.