

Nutrition Facts

About 264 servings per container

Serving Size 1/4 cup dry (43g)

Amount per serving

Calories 160

% Daily Value*

Total Fat 2.5g 5%

Saturated Fat 1g

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 7mg 0%

Vitamin D 0mcg 0% • Calcium 20mg 2%

% Daily Value

Total Carb. 28g 10%

Dietary Fiber 3g 11%

Total Sugars 0g

Includes 0g Added Sugars

Protein 6g

Iron 2mg 10% • Potassium 240mg 6%

INGREDIENTS: ORGANIC BLACK QUINOA