

Nutrition Facts

Serving Size 3 oz (85g)
 Servings per Container 16

Amount per Serving

Calories 340 **Calories from Fat** 190

% Daily Value*

Total Fat 21g	33%
Saturated Fat 11g	53%
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 4.5g	
Monounsaturated Fat 5g	
Cholesterol 90mg	29%
Sodium 110mg	4%
Total Carbohydrate 34g	11%
Dietary Fiber 1g	2%
Soluble Fiber 0g	
Sugars 24g	

Protein 5g

Vitamin A 25% • Vitamin C 2%
 Calcium 4% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 • Carbohydrates 4 • Protein 4