

Nutrition Facts

Serving Size 4 1/8 oz (117g)

Servings per Container 16

Amount per Serving

Calories 440 **Calories from Fat** 210

% Daily Value*

Total Fat 24g 37%

Saturated Fat 9g 45%

Trans Fat 0g

Polyunsaturated Fat 6g

Monounsaturated Fat 8g

Cholesterol 40mg 13%

Sodium 140mg 6%

Total Carbohydrate 53g 18%

Dietary Fiber 2g 10%

Soluble Fiber 0g

Sugars 38g

Protein 6g

Vitamin A 6% • Vitamin C 0%

Calcium 6% • Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

| | | Calories | 2,000 | 2,500 |
|--------------------|-----------|----------|---------|-------|
| Total Fat | Less than | 65g | 80g | |
| Sat Fat | Less than | 20g | 25g | |
| Cholesterol | Less than | 300mg | 300mg | |
| Sodium | Less than | 2,400mg | 2,400mg | |
| Total Carbohydrate | | 300g | 375g | |
| Dietary Fiber | | 25g | 30g | |

Calories per gram

Fat 9 • Carbohydrates 4 • Protein 4