

# Nutrition Facts

34 servings per container

**Serving size 0.25 Cup Dry (24g)**

**Amount Per Serving**

**Calories 90**

**% Daily Value\***

**Total Fat 1g 1%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol 0mg 0%**

**Sodium 410mg 18%**

**Total Carbohydrate 17g 6%**

Dietary Fiber 1g **4%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein 2g 4%**

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 0.3mg 2%

Potassium 380mg 8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS:

POTATO (DRY), CANOLA OIL, SALT, CONTAINS 2% OR LESS OF: ARTIFICIAL COLOR, MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVOR. FRESHNESS PRESERVED WITH SODIUM BISULFITE, SODIUM ACID PYROPHOSPHATE, CITRIC ACID AND BHT.

**CONTAINS: MILK**