

Nutrition Facts

59 servings per container

Serving size 1/2 Cup (123g)

Amount Per Serving

Calories **90**

% Daily Value*

Total Fat 1g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 920mg **40%**

Total Carbohydrate 15g **5%**

Dietary Fiber 2g **7%**

Total Sugars 3g
Includes 0g Added Sugars **0%**

Protein 4g **8%**

Vitamin D 0mcg **0%**

Calcium 78mg **6%**

Iron 0.72mg **4%**

Potassium 0mg **0%**

Vitamin A **35%**

Vitamin C **20%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.