

# Nutrition Facts

59 servings per container

**Serving size** 1/2 Cup (123g)

**Amount Per Serving**

**Calories** **80**

**% Daily Value\***

**Total Fat** 4g **5%**

Saturated Fat 0.5g **3%**

*Trans* Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 970mg **42%**

**Total Carbohydrate** 11g **4%**

Dietary Fiber 1g **4%**

Total Sugars 5g

Includes 0g Added Sugars **0%**

Sugar Alcohol 0g

**Protein** 1g **2%**

Vitamin D 0mcg 0%

Calcium 130mg 10%

Iron 0.36mg 2%

Potassium 0mg 0%

Vitamin A 8%

Vitamin C 8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.